



ADULT EATING DISORDERS SUPPORT GROUP

Facilitated by Dr. Carly Hadjeasgari & Jules Adams,
LPCC

The focus of this group is to provide peer support for adult individuals in recovery from an eating disorder. Recovery from an Eating Disorder is a lifelong process. It is a journey you do not have to go through alone. Receive multiple perspectives, peer support, and encouragement within a healing environment.

VIRTUAL GROUP EVERY OTHER MONDAY FROM 5-6PM PST

COST: \$40/ SESSION

***We offer a sliding scale and pro bono services to those who qualify**

To sign up, or for more information, visit
brightmindtherapy.com or contact
brightmindtherapy@gmail.com